



# CODE OF CONDUCT

As a coach or volunteer, I will:

- Treat everyone with respect, loyalty, patience, integrity, courtesy, dignity, and consideration.
- Avoid situations where I am alone with children and/or youth.
- Use positive reinforcement rather than criticism, competition, or comparison when working with children and youths.
- Report suspected abuse to Velo Kids staff, and the local responsible agency (Police). I understand that failure to report suspected abuse to civil authorities is, according to the law, a misdemeanor.
- Cooperate fully in any investigation of abuse of children or youth.

Coach and volunteer traits:

- Positive energy, passion for the vision of happy, healthy, strong communities, and active-for-life kids.
- Knowledgeable - navigation, rules of the road, experienced cyclist.
- Relationship builder/connector - Can make deep connections with youth participants and foster an environment of connection amongst youth participants.
- Great communicator- Listens well. Is effective and comfortable communicating with young people and their bigs across multiple mediums.
- Leadership - Supports a positive, collaborative culture. Knows how to take advantage of strengths, remove obstacles, and inspire loyalty and trust.
- Presence - Being in the moment for the youth participants. Shine the spotlight on them.
- Adaptable - Able to “fill in the blanks” when things get unpredictable to engage youth and keep their program safe, fun, and exciting.
- Reliable - on time and ready to go. Reliably makes the right choices according to coaches’ training.
- Likes to have fun and find adventure - always.

